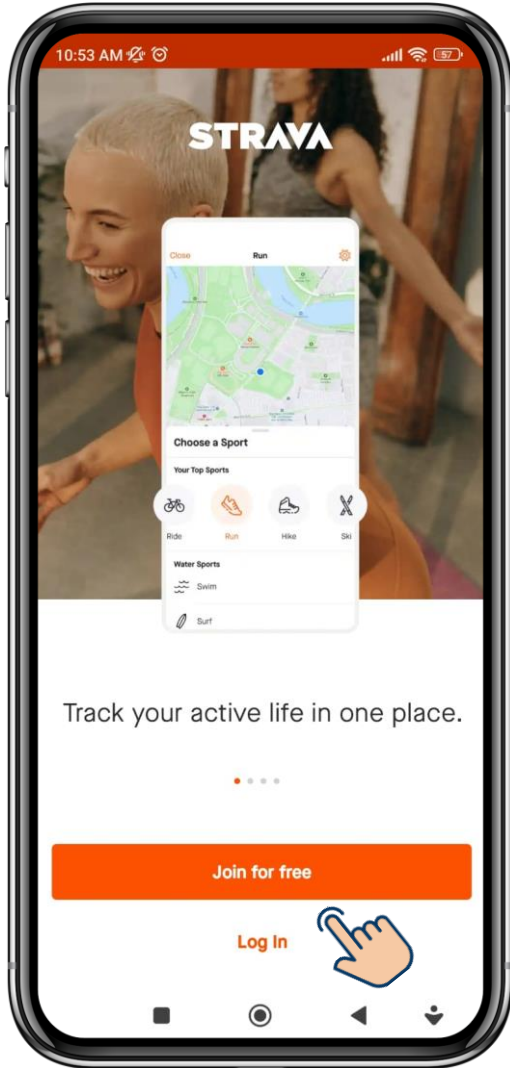
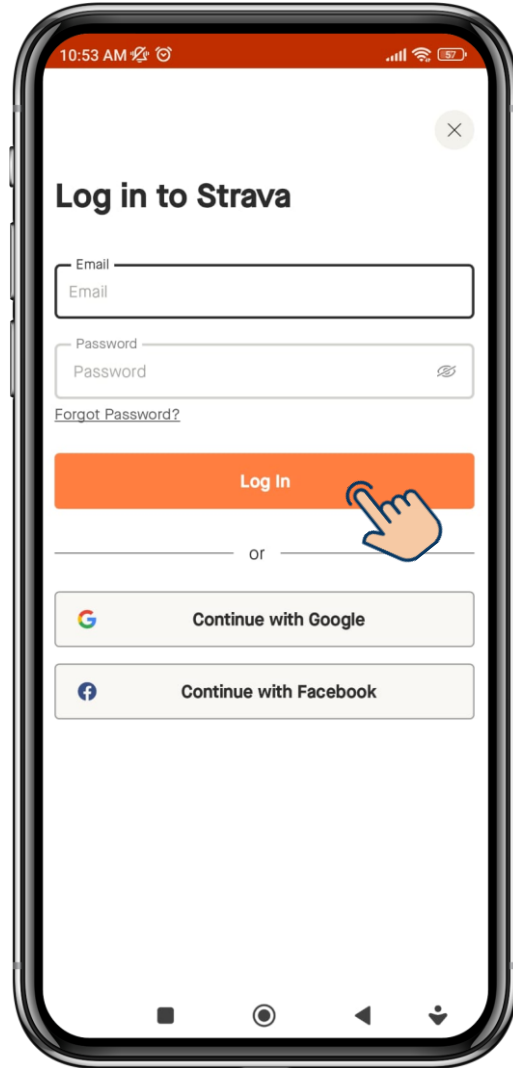


How to Record an Activity **on Strava App**

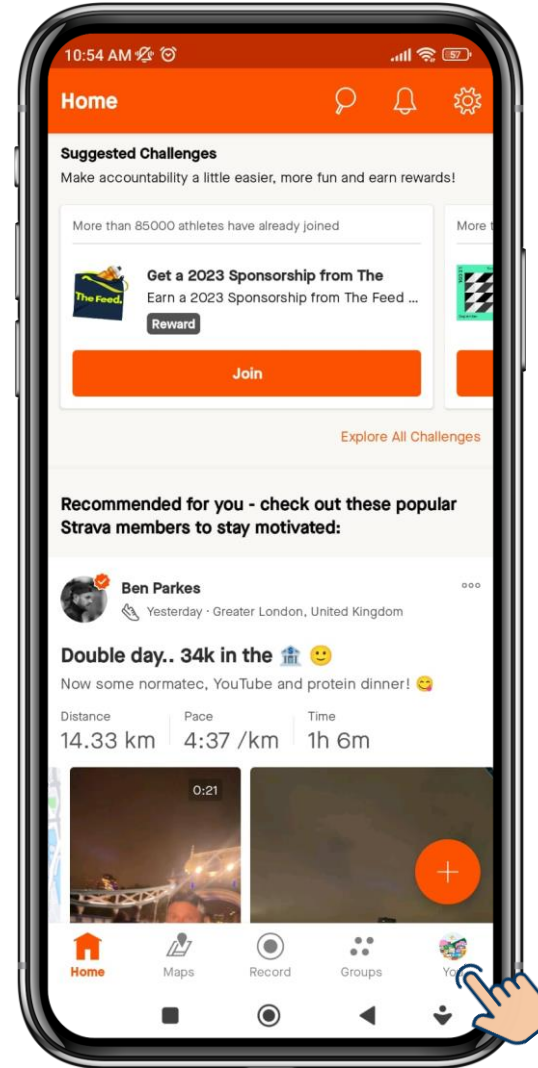
How to Record an Activity on Strava App



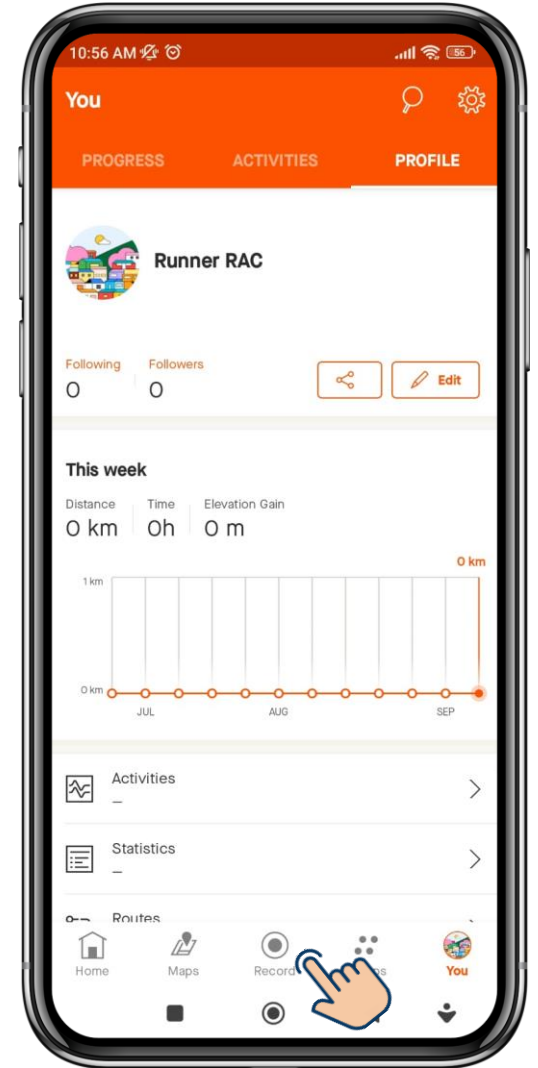
1. Join or Log In to Strava App



2. Log In with the linked account to RAC Profile

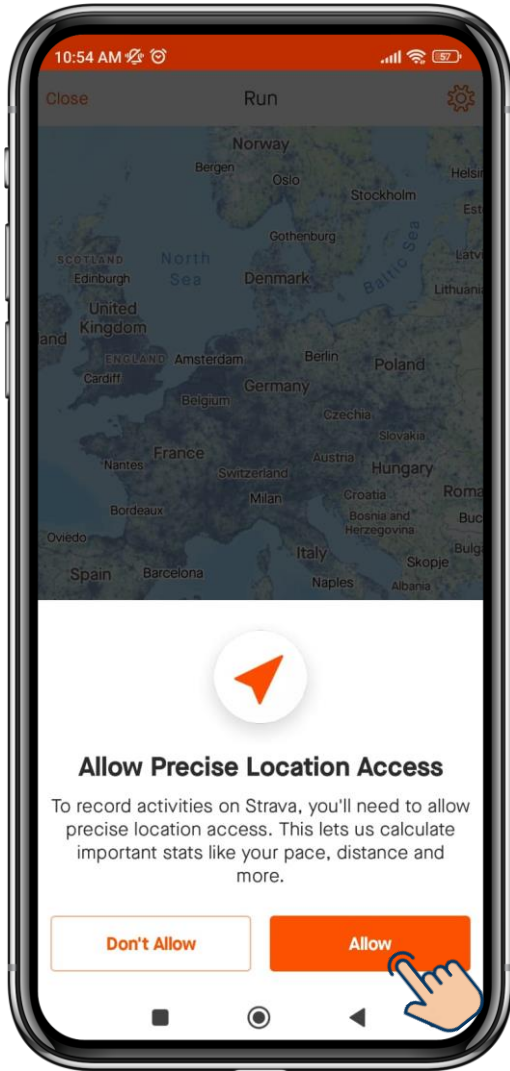


3. Go to 'You' (Profile)

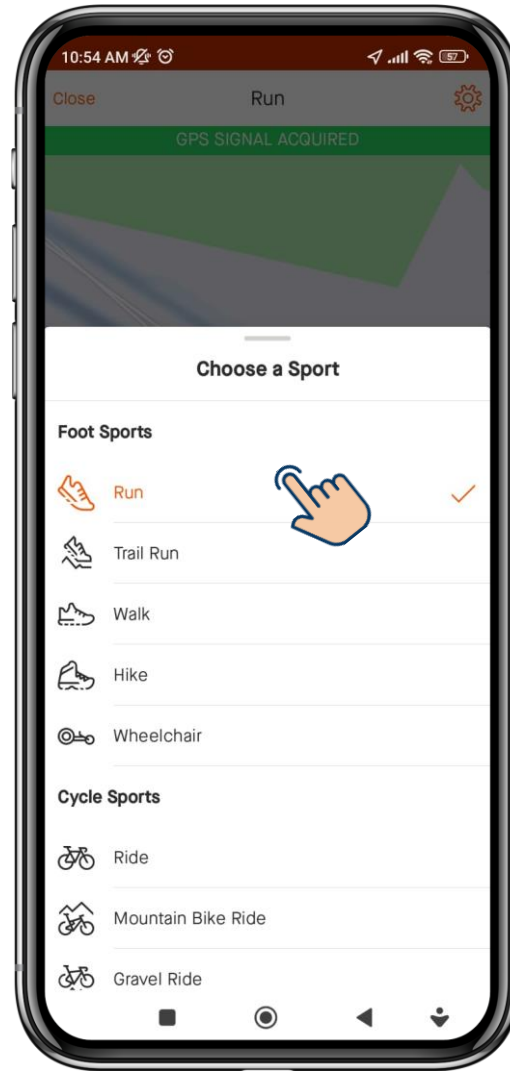


4. Press 'Record' to clock activities

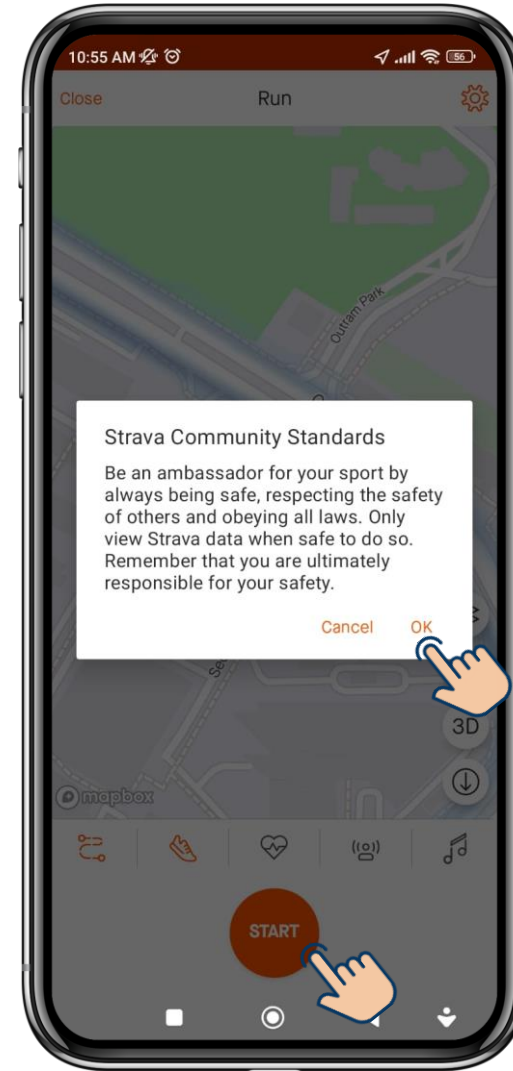
How to Record an Activity on Strava App



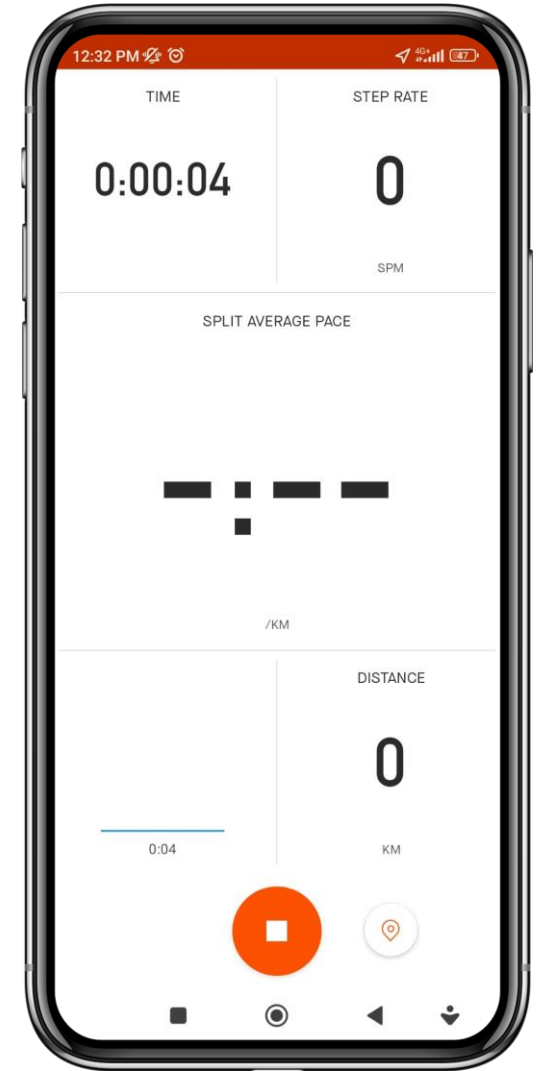
5. Allow 'Location Access' to enable GPS tracking



6. Select 'Run', 'Walk', 'Hike' or 'Wheelchair'

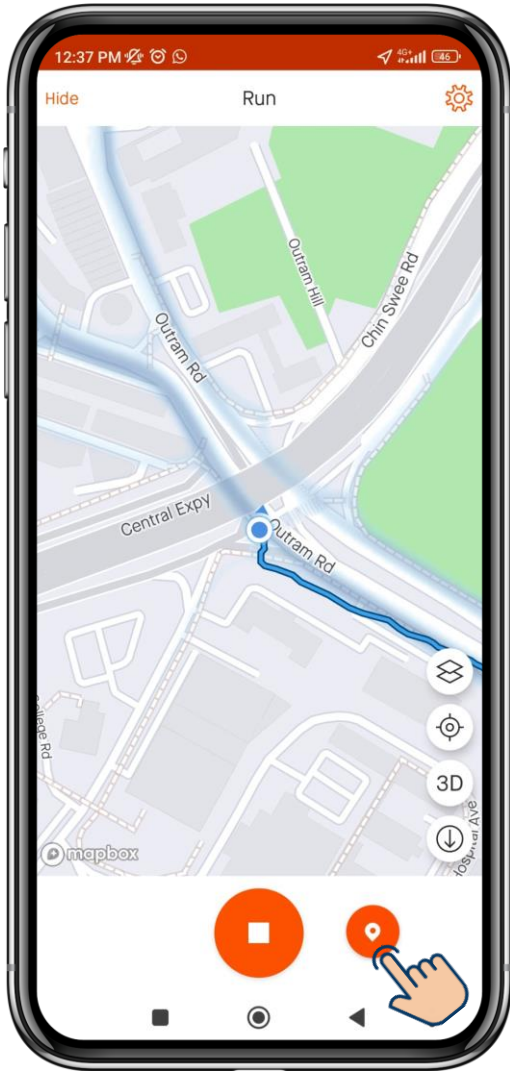


7. Press 'START' and 'OK' to continue

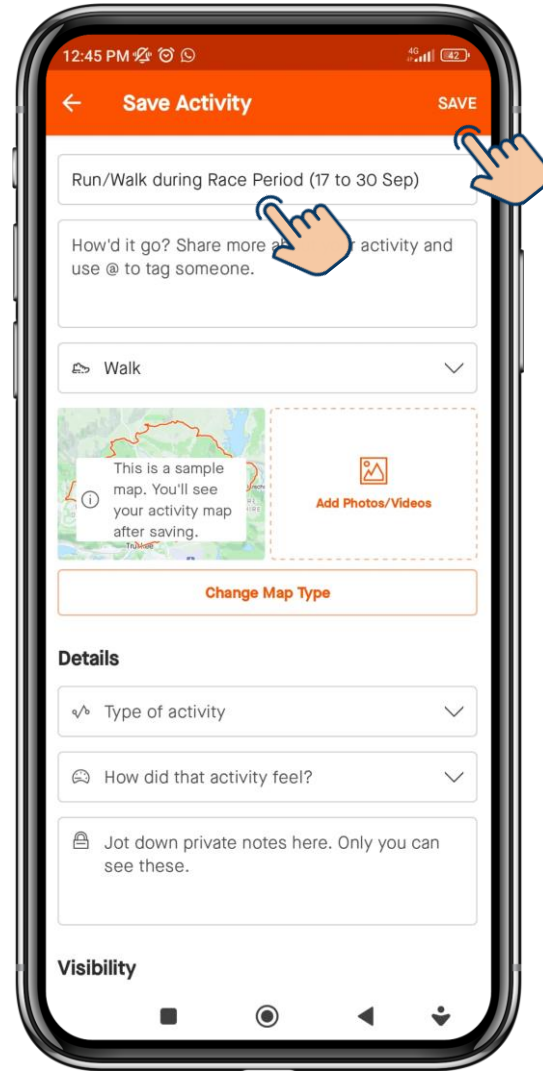


8. Activity clocking starts automatically

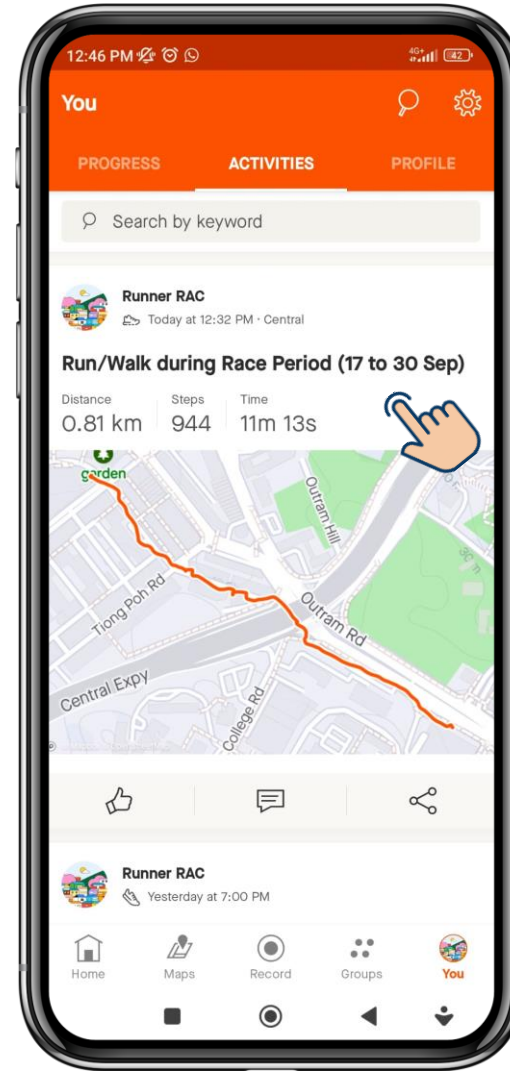
How to Record an Activity on Strava App



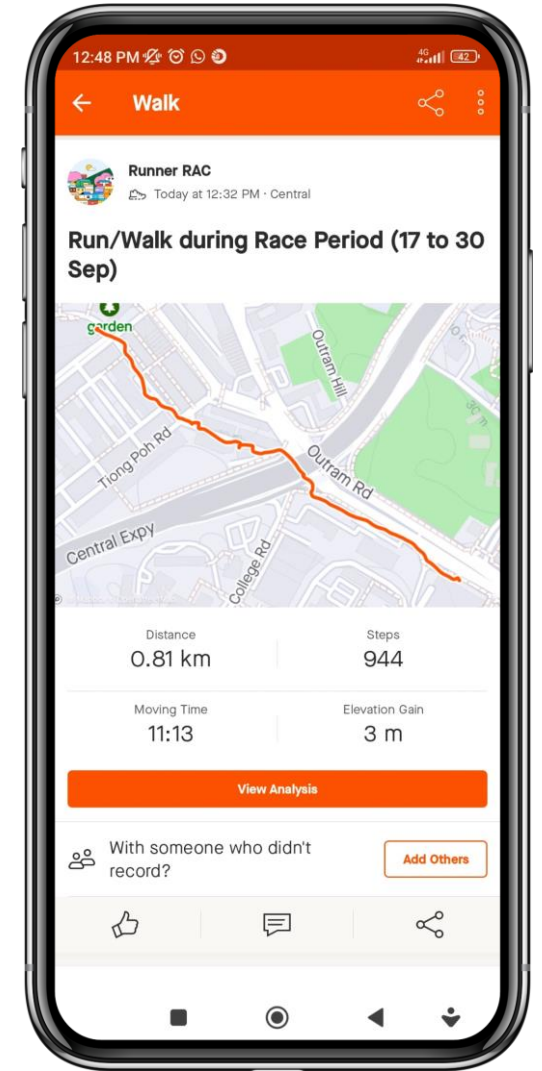
9. Press GPS icon to check location is captured



10. Name activity and press 'SAVE'



11. Go to 'ACTIVITIES' to see created activity



12. View details of activity